

The Institute for Advanced Study of Human Sexuality

Continuing Education Workshops 2016

INTRODUCTORY COURSE IN HUMAN SEXUALITY #101

Since its introduction in 1968, the #101 course has made profound changes in the lives of more than 50,000 people who have experienced it. The Institute's basic course #101 is designed for both professionals and non-professionals. Based on the Sexual Attitude Restructuring (SAR) process, the course is a comprehensive view of human sexuality, the gateway to a better sex life. The information and insight gained will help you professionally with students and clients. In your personal life, you will be able to talk with your children and/or your partner more easily about sexual matters. Knowing about and feeling comfortable with your own sexuality and the sexuality of others will add a new dimension to your life.

During the 15-hour period, visual media, music, lecture and discussion are used to cover fantasy, masturbation, lesbianism, homosexuality, bisexuality, male and female sexuality, sexual enrichment, sex and disability, methods of sex therapy, and cultural expression. Participants are encouraged to bring their partners to share the growth process.

The course meets from noon – 9 p.m. Saturday and 10 a.m. – 6 p.m. Sunday. Fee is \$325 per non-student, \$200 per student, and \$600 per couple. Group rates are available. It carries 15 CE hours or 1 unit graduate credit. Dates: February 6 – 7, 2016
October 8 – 9, 2016

ADVANCED SEXUALITY #201

This course takes up where #101 left off, covering areas of human sexuality not discussed, or discussed only briefly, in the introductory course. These include alternative lifestyles, adolescent and childhood sexuality, group sex, sadomasochism, transsexualism, transvestism and prostitution. In addition, more information is given on sex and the disabled and on sex counseling, including counseling gay and bisexual people. Explicit media is used and there is plenty of time for discussion. Course #101 is a prerequisite for #201.

Course meets from 10 a.m. – 6 p.m. each day. Fee is \$325 per person. It carries 15 CE hours or 1 unit of graduate credit. Dates: TBA

STIs: A SEXOLOGICAL HEALTH PERSPECTIVE #350

A variety of didactic and experiential approaches teach students the social history, treatment and prevention of AIDS/STIs. Beginning with basic information and exercises, the class progresses quickly to current research, multiple diagnoses, cofactors, epidemiology and advanced intervention strategies. The course objectives are to help students eroticize sexual health and prepare them to teach AIDS/STI information and prevention skills.

Course meets from 10 a.m. – 6 p.m. each day. Registration fee is \$750. CE credit of 45 contact hours or 3 units of graduate credit is available upon application. Dates: October 22 – 25, 2016

The Institute for Advanced Study of Human Sexuality

SAR LVI (56) #311
June 25 – July 3, 2016

The Institute proudly announces its exciting 52nd Sexual Attitude Restructuring program. SAR 56 will be held from June 25 to July 3, 2016. The SAR is an intense learning event designed for people who are working in the field of sexology or who wish to better understand their own sexuality and that of others. It is a program dedicated to fulfilling the need for advanced training in human sexuality and incorporating instructions in safer sex practices. SAR provides innovative and practical information, skills and tools of value to everyone. Didactic and experiential, SAR offers each person the information, training and skills necessary for more competent, sensitive, professional and personal functioning.

Over the years, more than 2,500 persons have experienced the SAR. Among those who have found SAR of great value both personally and professionally are physicians, psychologists, psychiatrists, sexologists, therapists, counselors, teachers, college professors, nurses, clergy, researchers, social workers, health educators, persons working in family planning centers, and paraprofessionals and students in all of the above areas.

SAR will present information on a broad range of sexual topics through lectures, small and large group discussions, visual media, exercises, role-play and psychodrama.

Each person who completes SAR 56 will receive a certificate of completion of the program. Your certificate will be made out in advance exactly as your name is shown on your registration form.

SAR carries 60 CE hours or 4 units graduate credit.

Fee for SAR 56 is \$950 per person, \$1,650 for couples. To register, send the registration form with a check for the full amount or a deposit of \$300 per person. If a deposit is sent, the balance is due by June 9th. A late charge of \$50 will be added to the balance due if received after this date. **No registrations will be accepted by telephone.**

REGISTRATION

NAME _____ email: _____

ADDRESS _____

PROFESSION _____ Daytime telephone _____

Registering for course(s) _____

Credit Card: VISA MasterCard _____ Exp: _____

Please send me a list of nearby hotels.

Enclosed is a check or money order for \$ _____ for _____ persons. If paying by check, make checks payable in U.S. dollars, drawn on a U.S. bank, or by International Money Order to **IASHS**. Mail to: IASHS, 1523 Franklin Street, San Francisco CA 94109-4522.